



## Championnats de District 2023

ESN - Seraing (50m) - Du samedi 04 novembre 2023 au dimanche 05 novembre 2023

### AERTS Oceane

ESN/013017/08 5 ans

3	100m Nage Libre	01:10,03	50m	01:12,22	5	00:33,94 (50m)
26	100m Papillon	01:14,42	50m	01:19,12	4	00:37,01 (50m)
27	200m Papillon	02:44,88	50m	02:54,65	4	00:39,04 (50m) - 01:23,31 (100m) - 02:09,64 (150m)
29	200m 4 Nages	02:52,22	50m	02:59,26	6	00:36,22 (50m) - 01:22,75 (100m) - 02:17,63 (150m)
30	400m 4 Nages	06:20,79	50m	06:19,59	2	00:38,51 (50m) - 01:21,78 (100m) - 02:11,68 (150m) - 02:59,20 (200m) - 03:54,99 (250m) - 04:53,11 (300m) - 05:36,02 (350m)

### BAETS Ethan

ESN/006702/07 6 ans

3	100m Nage Libre	01:08,64	50m	01:06,86	3	00:31,81 (50m)
18	100m Dos	01:16,64	50m	01:18,82	4	00:38,23 (50m)
22	100m Brasse	01:16,28	50m	01:17,37	3	00:36,26 (50m)
23	200m Brasse	02:44,31	50m	02:47,48	3	00:36,88 (50m) - 01:18,73 (100m) - 02:02,51 (150m)
29	200m 4 Nages	02:35,16	50m	02:35,93	3	00:32,68 (50m) - 01:14,45 (100m) - 01:59,46 (150m)
30	400m 4 Nages	05:29,13	50m	05:28,97	2	00:34,70 (50m) - 01:15,89 (100m) - 01:58,01 (150m) - 02:40,91 (200m) - 03:26,85 (250m) - 04:11,45 (300m) - 04:50,47 (350m)

### BENNANI Walid

ESN/013013/07 6 ans

18	100m Dos	01:02,73	50m	01:04,42	1	00:32,09 (50m)
22	100m Brasse	01:11,54	50m	01:12,06	1	00:34,11 (50m)
23	200m Brasse	02:41,46	50m	02:36,29	1	00:36,48 (50m) - 01:17,17 (100m) - 01:57,98 (150m)
26	100m Papillon	01:01,21	50m	01:05,71	2	00:31,06 (50m)
29	200m 4 Nages	02:18,24	50m	02:18,63	1	00:30,37 (50m) - 01:06,48 (100m) - 01:46,90 (150m)
30	400m 4 Nages	05:01,50	50m	04:59,28	1	00:31,02 (50m) - 01:06,82 (100m) - 01:44,36 (150m) - 02:21,01 (200m) - 03:05,14 (250m) - 03:48,75 (300m) - 04:24,18 (350m)

### BILKAY Nilda

ESN/012016/11 2 ans

2	50m Nage Libre	00:37,75	50m	00:33,79	4	
22	100m Brasse	01:46,59	50m	01:47,50	6	00:49,70 (50m)

### CATAKLI Nazra

ESN/010994/09 4 ans

6	400m Nage Libre	04:55,04	50m	05:08,35	3	00:34,44 (50m) - 01:12,87 (100m) - 01:51,57 (150m) - 02:30,95 (200m) - 03:09,73 (250m) - 03:49,70 (300m) - 04:29,31 (350m)
18	100m Dos	01:11,60	50m	01:18,69	1	00:38,04 (50m)
23	200m Brasse	59:59,99	50m	03:15,59	1	00:45,37 (50m) - 01:35,20 (100m) - 02:26,08 (150m)
26	100m Papillon	01:10,44	50m	01:13,30	1	00:34,79 (50m)
27	200m Papillon	02:36,64	50m	02:42,54	2	00:36,63 (50m) - 01:17,77 (100m) - 02:00,04 (150m)
29	200m 4 Nages	02:38,35	50m	02:43,84	4	00:35,59 (50m) - 01:16,34 (100m) - 02:07,69 (150m)
30	400m 4 Nages	59:59,99	50m	05:50,45	2	00:36,12 (50m) - 01:18,41 (100m) - 02:03,57 (150m) - 02:48,12 (200m) - 03:40,35 (250m) - 04:32,66 (300m) - 05:11,74 (350m)

### CRAPANZANO Théo

ESN/005239/06 7 ans

2	50m Nage Libre	00:26,91	50m	00:27,45	3	
3	100m Nage Libre	00:58,88	50m	00:59,78	3	00:29,33 (50m)
4	200m Nage Libre	02:07,51	50m	02:10,75	3	00:30,55 (50m) - 01:04,40 (100m) - 01:38,41 (150m)
22	100m Brasse	01:22,41	50m	01:24,21	2	00:39,67 (50m)
26	100m Papillon	01:04,77	50m	01:04,95	2	00:30,69 (50m)
29	200m 4 Nages	02:27,63	50m	02:28,91	1	00:30,69 (50m) - 01:10,74 (100m) - 01:56,26 (150m)

**DELVAUX Elynn** ESN/012988/10/13 ans

3	100m Nage Libre	01:07,15	50m	01:08,55	2	00:32,13 (50m)
18	100m Dos	01:18,04	50m	01:17,90	2	00:37,63 (50m)
22	100m Brasse	01:21,44	50m	01:24,59	1	00:39,02 (50m)
23	200m Brasse	03:00,90	50m	03:08,89	4	00:40,52 (50m) - 01:28,15 (100m) - 02:17,98 (150m)
29	200m 4 Nages	02:49,32	50m	02:53,66	4	00:37,93 (50m) - 01:22,27 (100m) - 02:12,44 (150m)

**EDIAR Marisa** ESN/012212/13/0 ans

6	400m Nage Libre canetons	59:59,99	50m	06:58,46	15	00:44,50 (50m) - 01:37,64 (100m) - 02:31,91 (150m) - 03:26,11 (200m) - 04:20,32 (250m) - 05:15,81 (300m) - 06:09,44 (350m)
18	100m Dos canetons	02:00,98	50m	01:39,85	11	00:47,68 (50m)
22	100m Brasse canetons	02:07,99	50m	01:52,60	10	00:53,70 (50m)

**FRANKINET Margaux** ESN/013012/08/5 ans

2	50m Nage Libre	00:31,46	50m	00:32,01	2	
3	100m Nage Libre	01:09,58	50m	01:10,25	4	00:33,64 (50m)
18	100m Dos	01:18,93	50m	01:19,80	2	00:38,71 (50m)
19	200m Dos	02:50,52	50m	02:53,36	2	00:41,47 (50m) - 01:24,45 (100m) - 02:09,85 (150m)
22	100m Brasse	01:29,60	50m	01:29,64	2	00:41,90 (50m)
29	200m 4 Nages	02:57,83	50m	02:55,26	5	00:39,10 (50m) - 01:24,47 (100m) - 02:13,70 (150m)

**GABRIELE Lucie** ESN/011821/10/13 ans

18	100m Dos	01:28,55	50m	01:26,70	7	00:42,03 (50m)
19	200m Dos	03:03,94	50m	03:03,00	6	00:44,07 (50m) - 01:30,41 (100m) - 02:16,66 (150m)

**GABRIELE Marie** ESN/012212/13/0 ans

3	100m Nage Libre canetons	01:34,60	50m	01:28,84	11	00:41,50 (50m)
6	400m Nage Libre canetons	59:59,99	50m	06:40,81	12	00:44,29 (50m) - 01:34,18 (100m) - 02:25,73 (150m) - 03:18,28 (200m) - 04:09,34 (250m) - 05:02,26 (300m) - 05:51,54 (350m)
18	100m Dos canetons	01:51,69	50m	01:41,83	13	00:50,49 (50m)

**GARCIA GARCIA Monica** ESN/012213/13/0 ans

6	400m Nage Libre canetons	59:59,99	50m	06:45,42	13	00:46,36 (50m) - 01:38,05 (100m) - 02:31,69 (150m) - 03:23,92 (200m) - 04:16,93 (250m) - 05:10,18 (300m)
18	100m Dos canetons	01:53,82	50m	01:43,90	15	00:51,96 (50m)
22	100m Brasse canetons	02:04,28	50m	02:00,04	13	00:57,35 (50m)

**GREGOIRE Maxime** ESN/007510/09/4 ans

2	50m Nage Libre	00:29,84	50m	00:29,53	5	
3	100m Nage Libre	01:07,00	50m	01:05,87	7	00:31,40 (50m)
4	200m Nage Libre	02:37,51	50m	02:27,14	5	00:33,74 (50m) - 01:10,94 (100m)
22	100m Brasse	01:20,62	50m	01:22,83	1	00:39,98 (50m)
26	100m Papillon	01:06,31	50m	01:06,11	1	00:32,53 (50m)
29	200m 4 Nages	02:41,83	50m	02:41,33	3	00:34,77 (50m) - 01:17,65 (100m) - 02:04,56 (150m)

**LABASSE Clemence** ESN/013015/07/6 ans

2	50m Nage Libre	00:28,39	50m	00:28,36	1	
18	100m Dos	01:06,51	50m	01:08,64	1	00:33,86 (50m)
19	200m Dos	02:25,76	50m	02:34,64	1	00:36,56 (50m) - 01:16,77 (100m) - 01:56,85 (150m)
22	100m Brasse	01:24,62	50m	01:21,58	1	00:38,29 (50m)
26	100m Papillon	01:05,05	50m	01:05,81	1	00:32,16 (50m) Record Club 16 ans
27	200m Papillon	02:43,76	50m	02:37,41	1	00:36,47 (50m) - 01:17,91 (100m) - 02:01,19 (150m)
29	200m 4 Nages	02:31,99	50m	02:33,82	1	00:31,33 (50m) - 01:10,31 (100m) - 01:58,06 (150m)

**LAERMANS Emma**

ESN/012348/049 ans

3	100m Nage Libre	01:04,58	50m	01:05,86	3	00:31,79 (50m)
4	200m Nage Libre	02:23,43	50m	02:27,10	3	00:33,34 (50m) - 01:09,39 (100m) - 01:47,64 (150m)
18	100m Dos	01:17,37	50m	01:16,53	3	00:37,48 (50m)
22	100m Brasse	01:21,23	50m	01:20,40	1	00:39,09 (50m)
23	200m Brasse	02:51,07	50m	02:53,61	1	00:41,71 (50m) - 01:25,69 (100m) - 02:09,94 (150m)
29	200m 4 Nages	02:37,89	50m	02:42,32	1	00:35,36 (50m) - 01:18,29 (100m) - 02:04,55 (150m)

**LARROZE Maëlys**

ESN/008674/103 ans

3	100m Nage Libre	01:11,78	50m	01:11,25	5	00:34,41 (50m)
4	200m Nage Libre	02:35,46	50m	02:38,39	8	00:35,17 (50m) - 01:15,22 (100m) - 01:57,78 (150m)
6	400m Nage Libre	05:24,51	50m	05:19,68	4	00:35,86 (50m) - 01:16,14 (100m) - 01:57,37 (150m) - 02:38,51 (200m) - 03:19,66 (250m) - 04:00,65 (300m) - 04:42,26 (350m)
18	100m Dos	01:28,84	50m	01:22,50	5	00:41,20 (50m)
22	100m Brasse	01:36,36	50m	01:35,63	7	00:47,26 (50m)
23	200m Brasse	03:20,62	50m	03:22,34	6	00:45,43 (50m) - 01:36,66 (100m) - 02:30,82 (150m)
29	200m 4 Nages	02:59,86	50m	02:58,42	7	00:39,93 (50m) - 01:25,35 (100m) - 02:20,44 (150m)

**LECOCQ Justin**

ESN/013011/0815 ans

18	100m Dos	01:02,07	50m	01:02,37	1	00:30,87 (50m)
19	200m Dos	02:10,83	50m	02:11,02	1	00:31,21 (50m) - 01:04,42 (100m) - 01:38,35 (150m) Record Club 15 ans
26	100m Papillon	01:00,22	50m	01:01,48	1	00:28,94 (50m)
27	200m Papillon	02:15,06	50m	02:18,04	1	00:31,09 (50m) - 01:05,26 (100m) - 01:41,73 (150m)
29	200m 4 Nages	02:14,96	50m	02:16,80	1	00:29,19 (50m) - 01:03,61 (100m) - 01:44,19 (150m)
30	400m 4 Nages	04:49,71	50m	04:54,70	1	00:29,50 (50m) - 01:42,36 (150m) - 03:01,22 (250m) - 03:46,05 (300m) - 04:20,22 (350m)

**LIBERT Timothe**

ESN/011807/1112 ans

2	50m Nage Libre	00:34,05	50m	00:32,42	4	
19	200m Dos	59:59,99	50m	02:56,13	3	00:40,62 (50m) - 01:26,09 (100m) - 02:12,63 (150m)

**MAKA Emilie**

ESN/001376/021 ans

2	50m Nage Libre	00:29,24	50m	00:30,35	2	
3	100m Nage Libre	01:02,36	50m	01:04,71	2	00:30,99 (50m)
4	200m Nage Libre	02:12,93	50m	02:19,23	2	00:32,05 (50m) - 01:07,05 (100m) - 01:43,25 (150m)
6	400m Nage Libre	04:46,93	50m	05:13,57	2	00:34,46 (50m) - 01:12,68 (100m) - 01:52,38 (150m) - 02:32,47 (200m) - 03:12,88 (250m) - 03:53,61 (300m) - 04:34,15 (350m)
18	100m Dos	01:10,63	50m	01:14,08	2	00:36,13 (50m)

**MAKA Nicolas**

ESN/008707/0914 ans

3	100m Nage Libre	01:05,90	50m	01:06,51	8	00:32,34 (50m)
4	200m Nage Libre	02:21,55	50m	02:23,96	4	00:32,73 (50m) - 01:08,96 (100m) - 01:47,19 (150m)
6	400m Nage Libre	04:57,35	50m	04:54,51	1	00:33,61 (50m) - 01:10,88 (100m) - 01:48,55 (150m) - 02:26,05 (200m) - 03:04,18 (250m) - 03:41,73 (300m) - 04:19,23 (350m)
10	1500m Nage Libre	59:59,99	50m	19:20,68	1	00:36,11 (50m) - 01:14,47 (100m) - 01:53,53 (150m) - 02:32,13 (200m) - 03:11,21 (250m) - 03:49,93 (300m) - 04:28,29 (350m) - 05:06,84 (400m) - 05:46,00 (450m) - 06:24,39 (500m) - 07:03,49 (550m) - 07:41,76 (600m) - 08:20,98 (650m) - 08:59,67 (700m) - 09:38,48 (750m)
22	100m Brasse	01:28,09	50m	01:25,39	2	00:41,05 (50m)
26	100m Papillon	01:17,50	50m	01:15,30	3	00:35,85 (50m)

**MARCOUX Lens**

ESN/009864/0914 ans

3	100m Nage Libre	01:11,11	50m	01:09,94	14	00:33,12 (50m)
6	400m Nage Libre	05:19,42	50m	05:16,48	2	00:34,70 (50m) - 01:13,38 (100m) - 01:53,45 (150m) - 02:34,26 (200m) - 03:15,55 (250m) - 03:56,68 (300m) - 04:38,14 (350m)

**MARION Gladys** ESN/000939/022 ans

4	200m Nage Libre	02:18,50 <sup>50m</sup>	02:18,90	1	00:32,42 (50m) - 01:07,79 (100m) - 01:44,22 (150m)
6	400m Nage Libre	04:42,20 <sup>50m</sup>	04:54,22	1	00:33,56 (50m) - 01:09,53 (100m) - 01:46,48 (150m) - 02:24,09 (200m) - 03:00,96 (250m) - 03:39,08 (300m) - 04:17,28 (350m)
18	100m Dos	01:08,14 <sup>50m</sup>	01:09,45	1	00:34,30 (50m)
22	100m Brasse	01:25,34 <sup>50m</sup>	01:24,20	2	00:40,97 (50m)
23	200m Brasse	03:01,21 <sup>50m</sup>	02:56,02	2	00:42,25 (50m) - 01:27,62 (100m) - 02:12,67 (150m)
26	100m Papillon	01:06,60 <sup>50m</sup>	01:09,50	2	00:33,57 (50m)

**MESTDAGT Arnaud** ESN/006943/025 ans

2	50m Nage Libre	00:28,57 <sup>50m</sup>	00:28,53	3	
3	100m Nage Libre	01:00,88 <sup>50m</sup>	01:01,28	3	00:29,74 (50m)
4	200m Nage Libre	02:11,13 <sup>50m</sup>	02:13,83	1	00:30,30 (50m) - 01:03,80 (100m) - 01:38,97 (150m)
6	400m Nage Libre	04:39,58 <sup>50m</sup>	04:46,68	2	00:30,72 (50m) - 01:05,38 (100m) - 01:41,33 (150m) - 02:18,13 (200m) - 02:54,93 (250m) - 03:33,00 (300m) - 04:10,81 (350m)
18	100m Dos	01:09,36 <sup>50m</sup>	01:09,72	2	00:33,90 (50m)
19	200m Dos	02:31,25 <sup>50m</sup>	02:37,24	4	00:35,77 (50m) - 01:15,73 (100m) - 01:56,27 (150m)
22	100m Brasse	01:44,68 <sup>50m</sup>	01:25,06	3	00:40,12 (50m)

**MONTEFORTE Noe** ESN/011138/0914 ans

6	400m Nage Libre	05:40,96 <sup>50m</sup>	05:26,20	3	00:35,27 (50m) - 01:15,84 (100m) - 01:56,73 (150m) - 02:38,62 (200m) - 03:20,24 (250m) - 04:02,62 (300m) - 04:44,57 (350m)
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**PAQUOT Eva** ESN/011817/1112 ans

2	50m Nage Libre	00:33,65 <sup>50m</sup>	00:33,04	3	
3	100m Nage Libre	01:16,39 <sup>50m</sup>	01:14,15	6	
4	200m Nage Libre	05:59,99 <sup>50m</sup>	02:40,65	9	00:36,10 (50m) - 01:18,08 (100m) - 02:00,81 (150m)
18	100m Dos	01:28,92 <sup>50m</sup>	01:31,33	4	
22	100m Brasse	01:37,42 <sup>50m</sup>	01:33,26	4	00:44,70 (50m)

**PAQUOT Léa** ESN/012815/1310 ans

3	100m Nage Libre canetons	01:35,97 <sup>50m</sup>	01:29,39	12	00:40,49 (50m)
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**TOUSSAINT Anaelle** ESN/012214/1310 ans

3	100m Nage Libre canetons	01:33,20 <sup>50m</sup>	01:24,88	8	00:39,35 (50m)
6	400m Nage Libre canetons	05:59,99 <sup>50m</sup>	06:27,28	7	00:40,87 (50m) - 01:29,43 (100m) - 02:19,08 (150m) - 03:09,65 (200m) - 04:00,29 (250m) - 04:50,86 (300m) - 05:40,73 (350m) Gardon 10 ans
18	100m Dos canetons	01:44,03 <sup>50m</sup>	01:38,68	9	00:47,86 (50m)
22	100m Brasse canetons	02:05,96 <sup>50m</sup>	01:57,58	12	00:55,00 (50m)

**Equipe ESN Messieurs 1** ESN/012988/10

33	4 x 100m Nage Libre	05:59,99 <sup>50m</sup>	04:33,21	1	00:31,57 (50m) - 01:06,73 (100m) - 01:38,93 (150m) - 02:15,33 (200m) - 02:48,91 (250m) - 03:28,17 (300m) - 03:57,97 (350m) GREGOIRE Maxime / MARCOUX Lens / MONTEFORTE Noe / MAKI Nicolas
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**Equipe ESN Messieurs 2** ESN/013011/08

33	4 x 100m Nage Libre	05:59,99 <sup>50m</sup>	04:04,15	1	00:28,76 (50m) - 00:58,85 (100m) - 01:30,16 (150m) - 02:04,64 (200m) - 02:34,11 (250m) - 03:06,07 (300m) - 03:33,72 (350m) MESTDAGT Arnaud / BAETS Ethan / LECOCQ Justin / BENNANI Walid
54	4 x 100m 4 Nages	05:59,99 <sup>50m</sup>	04:27,02	1	00:33,74 (50m) - 01:09,43 (100m) - 01:45,28 (150m) - 02:25,02 (200m) - 02:54,29 (250m) - 03:28,22 (300m) - 03:56,14 (350m) BENNANI Walid / BAETS Ethan / MESTDAGT Arnaud / LECOCQ Justin