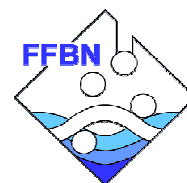


GRILLE des TEMPS

Team du Futur FILLES



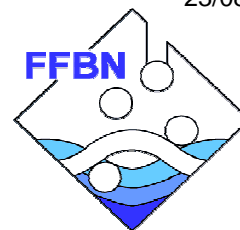
En application du 01/07/2010 au 22/05/2011

Saison 2010 2011

FILLES		Team du FUTUR				
		Née en 2000 & +	Née en 1999	Née en 1998	Née en 1997	Née en 1996
50m NL	50m					
	25m					
100m NL	50m	1:18,76	1:11,99	1:07,68	1:04,61	1:01,53
	25m	1:17,06	1:10,29	1:05,98	1:02,91	0:59,83
200m NL	50m	2:50,55	2:35,89	2:26,56	2:19,90	2:13,24
	25m	2:47,15	2:32,49	2:23,16	2:16,50	2:09,84
400m NL	50m	5:59,58	5:28,68	5:09,01	4:54,97	4:40,92
	25m	5:52,78	5:21,88	5:02,21	4:48,17	4:34,12
800m NL	50m	12:19,90	11:16,31	10:35,85	10:06,95	9:38,05
	25m	12:06,30	11:02,71	10:22,25	9:53,35	9:24,45
1500m NL	50m					
	25m					
50m Dos	50m					
	25m					
100m Dos	50m	1:29,50	1:21,81	1:16,92	1:13,42	1:09,92
	25m	1:28,30	1:20,61	1:15,72	1:12,22	1:08,72
200m Dos	50m	3:13,16	2:56,56	2:46,00	2:38,45	2:30,90
	25m	3:10,76	2:54,16	2:43,60	2:36,05	2:28,50
50m Brasse	50m					
	25m					
100m Brasse	50m	1:39,30	1:30,76	1:25,33	1:21,46	1:17,58
	25m	1:37,30	1:28,76	1:23,33	1:19,46	1:15,58
200m Brasse	50m	3:37,06	3:18,40	3:06,53	2:58,05	2:49,57
	25m	3:33,06	3:14,40	3:02,53	2:54,05	2:45,58
50m papillon	50m					
	25m					
100m papillon	50m	1:28,10	1:20,53	1:15,71	1:12,27	1:08,83
	25m	1:26,70	1:19,13	1:14,31	1:10,87	1:07,43
200m Papillon	50m			2:46,66	2:39,08	2:31,51
	25m			2:43,86	2:36,28	2:28,71
100m 4 Nages	25m	1:33,40	1:25,02	1:19,69	1:15,88	1:12,07
200m 4 Nages	50m	3:14,99	2:58,23	2:47,57	2:39,95	2:32,34
	25m	3:11,79	2:55,03	2:44,37	2:36,75	2:29,14
400m 4 Nages	50m			5:54,02	5:37,93	5:21,84
	25m			5:47,72	5:31,63	5:15,54

Pour incorporer le team, le nageur doit :

réaliser DEUX (2) minima de son année d'âge dans deux épreuves différentes.

GRILLE des Minima**Team du FUTUR GARCONS**

saison	2010	2011
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En application du 01/07/2010 au 22/05/2011

GARCONS		Team du FUTUR				
		né en 1998 & +	né en 1997	né en 1996	né en 1995	Né en 1994
50m NL	50m					
	25m					
100m NL	50m	1:07,98	1:01,99	0:58,73	0:56,56	0:54,38
	25m	1:06,28	1:00,29	0:57,03	0:54,86	0:52,68
200m NL	50m	2:29,27	2:16,14	2:08,97	2:04,19	1:59,42
	25m	2:25,87	2:12,74	2:05,57	2:00,79	1:56,02
400m NL	50m	5:14,20	4:46,55	4:31,47	4:21,41	4:11,36
	25m	5:07,40	4:39,75	4:24,67	4:14,61	4:04,56
800m NL	50m					
	25m					
1500m NL	50m	21:07,69	19:16,13	18:15,29	17:34,72	16:54,15
	25m	20:42,19	18:50,63	17:49,79	17:09,22	16:28,65
50m Dos	50m					
	25m					
100m Dos	50m	1:17,30	1:10,50	1:06,79	1:04,32	1:01,84
	25m	1:16,10	1:09,30	1:05,59	1:03,12	1:00,64
200m Dos	50m	2:47,00	2:32,30	2:24,29	2:18,94	2:13,60
	25m	2:44,60	2:29,90	2:21,89	2:16,54	2:11,20
50m Brasse	50m					
	25m					
100m Brasse	50m	1:25,35	1:17,84	1:13,74	1:11,01	1:08,28
	25m	1:23,35	1:15,84	1:11,74	1:09,01	1:06,28
200m Brasse	50m	3:08,77	2:52,16	2:43,10	2:37,06	2:31,02
	25m	3:04,77	2:48,16	2:39,10	2:33,06	2:27,02
50m papillon	50m					
	25m					
100m papillon	50m	1:13,92	1:07,42	1:03,87	1:01,50	0:59,14
	25m	1:12,52	1:06,02	1:02,47	1:00,10	0:57,74
200m Papillon	50m	2:44,43	2:29,96	2:22,07	2:16,81	2:11,54
	25m	2:41,63	2:27,16	2:19,27	2:14,01	2:08,74
100m 4 Nages	25m	1:19,59	1:12,23	1:08,21	1:05,53	1:02,86
200m 4 Nages	50m	2:47,39	2:32,66	2:24,62	2:19,27	2:13,91
	25m	2:44,19	2:29,46	2:21,42	2:16,07	2:10,71
400m 4 Nages	50m	6:03,89	5:31,87	5:14,40	5:02,75	4:51,11
	25m	5:57,59	5:25,57	5:08,10	4:56,45	4:44,81

Pour incorporer le team , le nageur doit :

réaliser DEUX (2) minima de son année d'âge dans deux épreuves différentes.